



## **ECHUNGA PRESCHOOL SUN PROTECTION POLICY**

### **Aims**

The aims of the Echunga Preschool Sun Protection Policy are to promote among children, staff and parents:

- Positive attitudes towards skin protection.
- Lifestyle practices that can help reduce the incidence of skin cancer and the number of related deaths.
- Personal responsibility for and decision making about skin protection.
- Awareness of the need for environmental changes in our centre to reduce the level of sun exposure when the UV radiation level is 3 and above.

### **Implementation**

This policy is for implementation from 1 September to 30 April. Outside of this time care should also be taken when the ultraviolet radiation level is 3 (moderate) and above.

The purpose of the policy is to ensure that all members of our Preschool are protected from skin damage caused by the harmful rays of the sun.

It is an expectation that all staff, children and parents of the Echunga Preschool will use the following skin protection strategies:

#### 1. Wear appropriate clothing that protects the skin.

- Children, staff and parents will be expected to wear a broad-brimmed hat, legionnaire style hat, or a bucket hat whenever they are involved in outside activities.
- Children are required to wear shirts with covering over the shoulders.

#### 2. Take care to protect the skin when the ultraviolet radiation level is 3 (moderate) and above. Extra care should be taken after 10.00am when UV radiation levels are highest.

- Families are asked to apply sunscreen to children prior to their Preschool session.

- Staff will assist children to independently re-apply Preschool supplied sunscreen after lunch, as required (unless alternate arrangement has been organised with parent/caregiver).
- Outdoor activities scheduled after this time will be provided in the shaded areas of the service to minimise exposure to UV radiation in the middle of the day.

3. Reinforcing the Sun Smart message in all service activities and in general service procedures is an important strategy in the adoption of skin protection behaviours.

- Staff will be encouraged to role model appropriate Sun Smart strategies in all service activities.
- Skin cancer prevention will be included in appropriate teaching activities.
- Staff will be encouraged to keep up to date with new information and resources from Cancer Council SA.
- Information about the Centre's Sun Smart Policy will be made available to all new staff, students and families via the website.

4. The Echunga Preschool Sun Protection Policy will be evaluated on a two yearly basis.

- Policy issues will be discussed at staff and Governing Council meetings.

For more information please don't hesitate to contact: Cancer Council Helpline 13 11 20 or visit [www.sunsmart.org.au](http://www.sunsmart.org.au)